

# Feto Fantastiku "Child Rights"

Positive and Constructive Ways of Educating Children



Inan

What are positive and constructive ways of educating children? Can you give some examples?

- Talk nicely to children. Don't yell at them.
- Create good communication and explain things clearly to them.
- Model good behavior for your child so that they can learn from you and do the same.
- Praise and reward your child when they do something good.



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## Physical and emotional impact of violence against children

When you use violence it creates many negative impacts for your child both physically and emotionally.

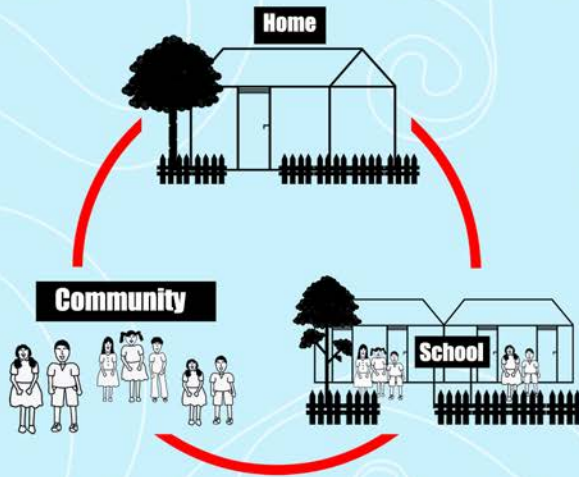
The physical impact is visible: your child may suffer from wounds, broken bones, bruises and other things.

The emotional impact cannot be seen with your eyes, but has a strong influence on your child.

Your child will suffer from trauma and may feel shy, angry and scared.

## Circle of violence

When you use violence you will create a circle of violence for generations to come. This is because your child will learn from you to also use violence as a response to problems at home, school and in other places. This will have a strong effect on your child when they grow up, marry and have children themselves.



### ● House

The violence you create in the household will have a strong impact on your child.

### ● School:

Your child will transfer this violence to their school and among their friends.

### ● Community:

This will also affect the community, when your child plays with other children in the community.



If Eka plays with fire



And you respond by hitting and screaming at her, and don't explain the reasons why she is being disciplined,



She won't understand her mistake and what she is doing wrong.



She will just be scared of being hit by you.



As soon as you leave the house,



She will repeat her behavior again because you are not there to hit her, and in the end she will continue to play with fire.



On the other hand:

If Eka is playing with fire and you respond by talking to her calmly and explaining the dangerous impact of her behavior, she will be able to understand the negative consequences of her actions, and it will be unlikely that she will repeat them when you leave the house again.

## Don't forget:

Child abuse is a public crime.

This means that your child does not need to make a case against you, but the government can take you to court, even if your child doesn't want to.

If you know anyone who needs assistance, please contact:

**VPU-Vulnerable people's unit at the National Police Station**

**Please call 112**

**VPU works to support and help victims of domestic violence and sexual abuse.**

**The VPU office is in Caicoli, Dili**

**If you live in the districts, you can ask your local police or community leader to take you to your local VPU office, which is located in every district.**

**You can also call PRADET (NGO) 77254597**

**PRADET offers assistance such as counseling and other forms of support depending on your condition.**

**PRADET offices are located in the Dili hospital, Oecussi, Suai and Maliana.**